



YIN YANG

NATURALLY BALANCED PERFECTION

A brand new, all natural, skin-care range!

Yin Yang skin-care products. Made with carefully selected ingredients sourced from organic or wild-crafted suppliers.

The range includes Cleansers, Toners and Moisturisers as you'll see on the following pages.

The Moisturisers cater for every skin type and age, allowing each user to follow a tailor-made beauty regime just right for their skin condition.

What makes this range all the more appealing is that many ingredients have therapeutic properties dealing with such generalised complaints as pain, inflammation, skin conditions and hormonal imbalance.

Yin Yang products contain a high proportion of edible plant ingredients

"If it's not good enough to eat, why would you wish to put it on your skin?"



Toxins are absorbed through your skin just as readily as if you'd eaten them!

Knowing that and in your attempt to stay healthy doesn't it make sense to use good quality, natural, skin-care products that contain healthy ingredients that are good for you on the outside as well as on the inside? Especially when it costs no more !

KATIE MAY Skin-care Expert and creator of the Yin Yang range

ultralife
Optimum Nutrition. Optimum Taste.

For further information call Customer Services, 0845 226 1822, or order online www.ultralifeshop.co.uk

100% NATURAL! NON-ANIMAL TESTING! 100% VEGETARIAN! HYPO-ALLERGENIC!

SKIN CLEANSER 200ml

£8.95

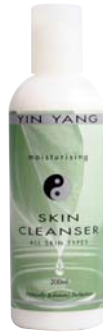
An off-white lotion, specifically formulated with a precise balance of oil and water and completely detergent-free. Fine enough to thoroughly remove the dirt from the dermis. Most commercial cleansers are detergent-based and therefore they make the skin's acidic moisture alkaline, which directly results in the retention of dead skin cells. This in turn prevents regular skin detoxification and creates a 'mask' of dead skin cells. Use of the Yin Yang Skin Cleanser twice a day over a period of three weeks will exfoliate to reveal healthy skin beneath.

Product Benefits

Cleanses and gently exfoliates the face and neck
Suitable for all skin types including sensitive skin
Gently exfoliates dead skin cells
Removes up to 98% of skin impurities
Removes make up traces including eye makeup

Ingredients

Aqua (Water), Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, Hamamelis (Witch Hazel), Malum Acetum (Apple Cider Vinegar)*, Citrus Sinensis (Essential Oil of Sweet Orange), Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



SKIN TONER 200ml

£8.95

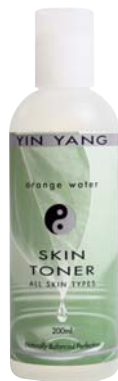
This perfectly clear liquid toner is made from soft, naturally occurring whole fruit acids (orange, apple and grapefruit), without alcohol or the chemically derived Alpha Hydroxy Acids. When in good condition the skin is mildly acidic, like a sweet apple. So by using gentle, pure, fruit acids it is possible to retain skin elasticity. By introducing these fruits to plant enzymes in water, they lose their impractical stickiness but retain all their healthy beautifying goodness. Most commercial toners are high in hard industrial alcohols, which cause the skin to tighten and prevent proper elimination. The natural ingredients in the Orange Water Skin Toner do not have this effect.

Product Benefits

Toner for the face and neck
Balances skin pH levels
Revitalises tired or aged skin
Suitable for all skin types including sensitive skin
Tones and freshens complexion
Helps prevent dry and oily skin

Ingredients

Aqua (Water), Hamamelis (Witch Hazel), Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



CLEANSING WASH 200ml

£8.95

This product is a liquid wash designed for use on either face or body, enriched with coconut, avocado and apricot oils, as well as seaweed and lecithin, and softened with champagne enzymes. This wash does not contain the strong detergent Sodium Lauryl Sulphate, instead it uses natural fruit oils and mineral-rich seaweed, which combine to leave the skin clean and fresh with the mildly acidic pH that is so important for all-over good skin and hair care.

Product Benefits

Cleansing wash for the whole body
Suitable for all skin types including sensitive skin

Removes up 95% of surface impurities
Helps prevent dry and oily skin
Mildly moisturises skin

Ingredients

Aqua (Water), Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, Algae, MEA-Lauryl Sulphate, Potassium Phosphate, Magnesium Aspartate, PEG-8, Prunus Armeniaca (Apricot Oil), Persea Gratissima (Avocado Oil), DEA-Hydrolysed Lecithin, Condire, Citrus Grandis (Essential Oil of Grapefruit), Champagne, Citricidal, Acidophilus.



SHAVING CREAM 50ml

£9.75

This is a cream that moisturises as you shave. It is constructed from fine plant oils and, when used with water, provides a smooth foundation for shaving. Most shaving creams combine hard mineral oils and foaming agents which have a high pH; this is potentially damaging to the skin. Made with coconut oil and enriched with the fruit of avocado, apricot, apple, lime and grapefruit, this shaving cream helps to remove any dead skin cells, leaving just smooth, healthy skin.

Product Benefits

Universal shaving cream for men and women
Suitable for all skin types including sensitive skin
Helps prevent ingrowing hairs
Provides a close, smooth shave
Prevents shaving rash
Non irritation
Moisturising
Can be applied without a brush

Ingredients

Aqua (Water), Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, Persea Gratissima (Avocado Oil), Prunus Armeniaca (Apricot Oil), Malum Acetum (Apple Cider Vinegar)*, Hamamelis Virginiana (Witch Hazel), Citrus Aurantifolia (Essential Oil of Lime), Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



PRECIOUS EARTH FACE MASK 50ml

£11.95

This mask contains an absorbent clay, formed hundreds of millions of years ago during the Carboniferous Period of the Paleozoic Era. This means, in plain terms, that it originated in a heavily forested, mineral-rich environment, which accounts for the clay's mineral richness and compatible pH. The absorbent clay is mixed with soft oils, so that it does not dry too hard and can be removed easily.

Product Benefits

Face mask for all skin types
Detoxifies the skin
Draws out impurities
Re-hydrates the skin
Contains anti-ageing oils
Nourishes the skin
Promotes a healthy glowing complexion

Ingredients

Aqua (Water), Clay, Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, Algae, Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



*Organic ingredients

NATURAL MOISTURISER 50ml £13.95

This is a smooth, white, uncomplicated cream moisturiser for all age groups, excellent for all but greasy or acne-prone skin types. The reason for moisturising is simply to retain valuable acidic fluid protection that helps prevent the body being invaded by germs. This is achieved with the plant ingredients contained in the Natural Moisturiser: orange, apple and grapefruit.

Most commercial moisturisers contain heavy mineral (petrol-based) oils, so they absorb the moisture into themselves and consequently clog the pores, preventing proper skin elimination and blocking the application of make-up. Yin Yang Natural Moisturiser contains no petrol-based oils.

Product Benefits

Moisturiser for face and neck
Significantly reduces fine lines and wrinkles
Not suitable for greasy or acne-prone skin types
Suitable for sensitive and dry skin
Ideal base for make up application
Nourishes skin
Repairs dry blotchy skin

Ingredients

Aqua (Water), Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, Citrus Sinensis (Essential Oil of Sweet Orange), Hamamelis (Witch Hazel), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



PH-AMINO GOLD BODY MOISTURISER 250ml £16.25

This product is fortified with wheatgerm oil, which is rich in the amino acid methionine, known to combat the effects of radiation UV. For this reason, pH-Amino Gold has long been acclaimed by sports-people. The high methionine content makes this lotion ideal for those who seek natural protection from the sun without the harsh metals and chemical additives that comprise a major part of 'factor' creams.

Product Benefits

All over body moisturiser for the sun
Suitable for all skin types including sensitive and dry skin
Suitable for people exposed to the sun
Reduces the effects of UV
Contains anti-ageing oils
Nourishes skin

Ingredients

Aqua (Water), Triticum Vulgare (Wheatgerm Oil), Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, Citrus Sinensis (Essential Oil of Sweet Orange), Condire, Citrus Grandis (Essential Oil of Grapefruit), Hamamelis Virginiana (Witch Hazel), Lavandula Angustifolia (Lavender), Malum Acetum (Apple Cider Vinegar)*, Citricidal, Acidophilus.



SKIN CONDITIONER 50ml £11.95

Yin Yang Skin Conditioner is ideal for sensitive skin and can be used daily as a skin food and moisturiser combined.

Product Benefits

Skin conditioner for face & neck
Ideal for fair delicate skin
Nourishes skin
Can be used after sunbathing

Ideal base for make up application
Contains anti-ageing oils

Ingredients

Aqua (Water), Coconut Oil, Cetereal Alcohol, Cetearth, Amygdalum, Triticum Vulgare (Wheatgerm), Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



BOTANICAL PROTEIN 50ml £11.95

This fine, very pale cream is ideal for a mature fine skin. Suitable for either a Celtic skin type (rosy) or those from other island environments. Can be used daily as a skin food and moisturiser combined.

Product Benefits

Face & Neck Moisturiser for mature skin
Nourishes skin
Significantly reduces fine lines and wrinkles
Ideal base for make up application
Re-hydrates the skin
Contains anti-ageing oils

Ingredients

Aqua (Water), Coconut Oil, Cetereal Alcohol, Cetearth, Amygdalum, Triticum Vulgare (Wheatgerm), Soya*, Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



PROVIT-EN 50ml £16.95

Rich in protein and amino acids, this pale golden cream is suitable for vegans or those on a low-fat diet, as well as for those who spend a lot of time in centrally heated or air conditioned spaces, or for skin exposed to extreme weather conditions. It is an excellent winter booster.

Product Benefits

Moisturiser for the face & neck
Developed for vegans or those on a low-fat diet
Suitable for all skin types
Ideal for people exposed to extreme weather conditions
Significantly reduces fine lines and wrinkles
Ideal base for make up application
Nourishes skin
Re-hydrates the skin
Can be used after sunbathing
Contains anti-ageing oils

Ingredients

Aqua (Water), Coconut Oil, Triticum Vulgare (Wheatgerm), Cetereal Alcohol, Cetearth, Amygdalum, Soya*, Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



*Organic ingredients

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PH-AMINO-3 CREAM 50ml

£14.95

This cream has an equal balance of moisture, oil and plant collagen. It is suitable for use during the menopausal phase, when volatile protein fluctuations are often experienced.

Product Benefits

Moisturiser for the face & neck
Designed specifically for menopausal skin
Ideal base for make up application
Improves skin elasticity
Significantly reduces fine lines and wrinkles
Contains anti-ageing oils
Re-hydrates the skin
Hypo-allergenic
Nourishes skin



Ingredients

Aqua (Water), Coconut Oil, Cetereal Alcohol, Ceteareth, Amygdalum, Triticum Vulgare (Wheatgerm), Soya*, Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.

PH-AMINO-4 CREAM 50ml

£16.95

This cream has an equal balance of moisture, oil and protein and is specifically formulated to care for the skin during the post-menopausal phase.

Product Benefits

Moisturiser for the face & neck
Designed specifically for post menopausal skin
Ideal base for make up application
Improves skin elasticity
Significantly reduces fine lines and wrinkles
Contains anti-ageing oils
Re-hydrates the skin
Nourishes skin



Ingredients

Aqua (Water), Coconut Oil, Cetereal Alcohol, Ceteareth, Amygdalum, Triticum Vulgare (Wheatgerm), Soya*, Citrus Sinensis (Essential Oil of Sweet Orange), Malum Acetum (Apple Cider Vinegar)*, Citrus Grandis, Citricidal, Acidophilus.

MSM CREAM 50ml/250ml

£6.95/£20.95

This pale golden cream is enriched with protein and amino acids and fortified with MSM, an organic form of sulphur which eases muscle and joint pain. MSM assists in the smooth running of joints as well as with general suppleness and bonds with the protein structure in tissue thus providing elasticity and movement. It is only in its pure form that sulphur acts as an anti-fungal and anti-bacterial, making this cream appropriate for the treatment of skin disorders. Sulphur is renowned for the smooth running of muscles as well as joints, so this cream can be very useful to help speed the repair of sporting injuries. It can be used for general stiffness after a brisk workout or to soothe aching muscles and even to accelerate the repair of cuts and grazes.

Product Benefits

Skin treatment for specific body parts
Eases muscle and joint pain
Assists in the smooth running of joints
Improves muscle elasticity

Ideal for active people or those involved in sports

Anti-fungal and anti-bacterial
Helps repair damaged skin
Boosts circulation
Reduces scarring

Ingredients

Aqua (Water), Methyl Sulfonyl Methane (MSM, 10%), Coconut Oil, Triticum Vulgare (Wheatgerm Oil), Cetearyl Alcohol, Ceteareth, Amygdalum, Soya*, Citrus Aurantifolia (Essential Oil of Lime), Malum Acetum (Apple Cider Vinegar)*, Condire, Citricidal, Acidophilus.



ZSB6 CREAM 50ml/250ml

£6.95/£20.95

Protein, with its amino acids, is often referred to as collagen and most skin creams on the market contain collagen from bovine or other animal sources. These are not only crude and heavy, but they have almost certainly been obtained as by-products from creatures that have been badly reared in confinement with anti-biotic treatment. There are also unpleasant connections with meat-related illnesses. Animal collagen has a high pH that has to be made acidic with a harsh chemical acid, so the resulting products are far from sophisticated or refined. Yin Yang collagen is plant-derived. It is obtained from organic soya and is carefully treated to remove the legume inhibitor, which makes the bean indigestible. This soft natural treatment makes the amino acids naturally available to the skin in a gentle, mildly acidic form that is specifically designed to aid the regular skin cell renewal on a three to four weekly cycle. Organic soya also contains calcium, folacin, iron, niacin, and riboflavin, along with plant sterols and saponins. So it is full of goodness without being unrefined and heavy. As well as being enriched with protein, ZSB6 is fortified with essential traces of zinc, selenium and vitamin B6, which combine as strong anti-oxidants and also replace important vitamins and minerals lost throughout life. Helps combat free radical damage and the effects from a harsh environment. These losses can be caused by excessive exercise, smoking, pollution, unhealthy diets and drinking alcohol. The zinc, selenium and soya are supported by another antioxidant, wheatgerm, which is full of vitamin E and the amino acid methionine, which helps to combat the effects of radiation.

Product Benefits

Skin rejuvenator for the entire body
Replaces important vitamins and minerals
Reduces the effects of harsh environmental exposure
Reduces stretch marks and scarring
Ideal for mature skin
Helps skin cell renewal
Combats free radical damage
Feeds and hydrates the skin
Can be used after sunbathing

Ingredients

Aqua (Water), Coconut Oil, Cetearyl Alcohol, Ceteareth, Amygdalum, Triticum Vulgare (Wheatgerm Oil), Soya*, Zinc, Selenium, Vitamin B6, Lavandula Angustifolia (Essential Oil of Lavender), Malum Acetum (Apple Cider Vinegar)*, Citricidal, Acidophilus.



*Organic ingredients

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SBG CREAM 250ml

£17.50

Potassium and grapefruit make this cream an excellent treatment for cellulite, water retention, muscle fatigue and stiffness. Use it as a massage on a regular basis to experience a swift skin response. SBG Cream is also particularly useful for relieving cramp in sports-people and the elderly.

Product Benefits

Joint and muscle cream
Ideal for the elderly and for people involved with sports
Relieves cramp
Reduces muscle fatigue as well as stiffness
Aids muscle recovery
Reduces cellulite



Ingredients

Aqua (Water), Coconut Oil, Triticum Vulgare (Wheatgerm), Cetearyl Alcohol, Cetearth, Amygdalum, Banana*, Algae, Soya*, Citrus Paradisi (Essential Oil of Grapefruit), Condire, Citricidal, Acidophilus.

CHL CREAM 50ml

£6.95

This cream is enriched with protein and amino acids and is enhanced with Comfrey, Hypericum (St John's Wort) and Essential Oil of Lavender. These three ingredients are included for wound and bone healing. It can be used for breaks, knocks and bruises and it is very helpful in the healing process of external ulcers.

Product Benefits

Skin repairer
Treatment for bruises and broken bones
Helps repair cuts and external ulcers
Alleviates dry skin and rashes



Ingredients

Aqua (Water), Coconut Oil, Cetearth, Amygdalum, Triticum Vulgare (Wheatgerm Oil), Soya*, Lavandula Angustifolia (Essential Oil of Lavender), Hypericum (St John's Wort), Comfrey, Malum Acetum (Apple Cider Vinegar)*, Condire, Citricidal, Acidophilus.

CONDITIONING HAIR WASH 200ml

£8.95

This is a liquid wash that conditions the hair as it cleanses. Rather than use the usual harsh detergent to obtain a foaming and cleansing agent, Yin Yang employs two much softer surfactants, which are MEA-Lauryl Sulphate and DEA-Hydrolysed Lecithin. The pH balancers are all soft and gentle acids from fruits such as orange, apple, grape and grapefruit, providing naturally occurring vitamins, especially A, B & C. As with the skin, cleansing the hair is of utmost importance since it removes dead skin cells from the scalp, leaving it clean and clear. Most shampoos contain a harsh detergent with a high pH and/or a harsh chemical acid used to rebalance the hair's pH level. Significantly, neither of these two chemicals is included in the Yin Yang Hair Wash. Nor does our Hair Wash contain silicon, which tends to heavily coat the hair shaft.

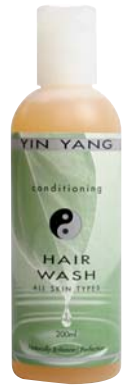
Product Benefits

Suitable for all hair types
Cleans without the use of harsh chemicals
Removes dead skin cells
Replaces vitamins for improved hair quality
Anti Dandruff

Leaves the hair feeling soft and shiny
Removes chlorine and heavy metals
Ideal for sensitive scalps
Anti-eczema and anti-dermatitis

Ingredients

Aqua (Water), MEA-Lauryl Sulphate, Potassium Phosphate, Magnesium Aspartate, PEG-8, Hamamelis Virginiana (Witch Hazel), Citrus Sinensis (Essential Oil of Sweet Orange), DEA-Hydrolysed Lecithin, Algae, Malum Acetum (Apple Cider Vinegar)*, Champagne, Citrus Grandis (Essential Oil of Grapefruit), Condire, Citricidal, Acidophilus.



SCALP CREAM WITH PLANT PROTEIN AND NETTLES 50ml

£6.95

This cream is constructed with 20 cell regenerating amino acids from soya and organically grown nettles, to stimulate the hair follicle and generate hair growth. Lime essential oil has a soft and gentle acidic pH and is also high in important vitamins: A, B and C. Moreover, it is an excellent aid to blood circulation, so important for a healthy scalp. Organic nettles, rich in vitamins and minerals, have been traditionally recognised for centuries as a stimulating tonic for cleansing the skin, helping to reduce acne and eczema, whilst also encouraging good hair growth. Organic soya is gently treated to release the 20 amino acids, these form the fluid medium where the hair follicle grows within the dermis.

Product Benefits

Scalp treatment for all skin & hair types
Replaces vitamins for improved hair quality
Feeds the scalp and hair follicles
Anti-acne and anti-eczema
Stimulates hair growth
Ideal for sensitive scalps
Anti-dermatitis

Ingredients

Aqua (Water), Urtica Dioica (Nettles)*, Coconut Oil, Triticum Vulgare (Wheatgerm), Cetearyl Alcohol, Cetearth, Amygdalum, Soya*, Citrus Aurantifolia (Essential Oil of Lime), Malum Acetum (Apple Cider Vinegar)*, Condire, Citricidal, Acidophilus.



FOUR HERB CREAM 50ml

£17.45

This cream is constructed with the 20 cell regenerating amino acids from soya and organically grown Burdock Root, Turkey Rhubarb Root, Slippery Elm and Sheep's Sorrel. Used as a complementary therapy, it helps with pain reduction and is also good for eczema and psoriasis. Burdock Root is a fine blood-purifying herb, traditionally used to soothe and relieve pain. Its constituents include flavonoid glycosides and bitter glycosides, both alkaloid and anti-microbial. Turkey Rhubarb Root is a mild purgative and astringent antiseptic, which gently cleanses and strengthens the tissues. Its constituents include anthraquinones and tannins. Slippery Elm is traditionally used with vinegars to treat skin eruptions, ulcerated conditions and to soften hard tissue. Sheep's Sorrel eliminates toxins and its constituents include flavonoids, potassium oxalate and oxalic acid with vitamin C and anthraquinones. The four herbs together are combined in specific proportions and infused in a controlled manner, identical to the North American Indian recipe, before they are combined into a cleansing lotion base.



*Organic ingredients

100% NATURAL! NON-ANIMAL TESTING! 100% VEGETARIAN! HYPO-ALLERGENIC!

Product Benefits

Healing cream for specific problem areas
Suitable for all skin types
Soothes and relieves pain
Heals eczema and psoriasis
Contains natural antiseptic to gently cleanse and repair skin
Softens hard skin tissue
Nourishes skin for a healthy complexion
Helps skin cell renewal

Ingredients

Aqua (Water), Coconut Oil, Triticum Vulgare (Wheatgerm), Cetearyl Alcohol, Cetearth, Amygdalum, Soya*, Arctium Lappa (Burdock Root)*, Rumex Acetosella (Sheep's Sorrel)*, Ulmus Rubra Muhl (Slippery Elm), Rheum Palmatum (Turkey Rhubarb Root)*, Malum Acetum (Apple Cider Vinegar)*, Condire, Citricidal, Acidophilus.

FOUR HERB LOTION 200ml

£16.95

Burdock Root is a fine blood-purifying herb, traditionally used to soothe and relieve pain. Its constituents include flavonoid glycosides and bitter glycosides, both alkaloid and anti-microbial. Turkey Rhubarb Root is a mild purgative and astringent antiseptic, which gently cleanses and strengthens the tissues. Its constituents include anthraquinones and tannins. Slippery Elm is traditionally used with vinegars to treat skin eruptions, ulcerated conditions and to soften hard tissue. Sheep's Sorrel eliminates toxins and its constituents include flavonoids, potassium oxalate and oxalic acid with vitamin C and anthraquinones. The four herbs together are combined in specific proportions and infused in a controlled manner, identical to the North American Indian recipe, before they are combined into a cleansing lotion base. Avocado and Apricot oils are acidic and gentle anti-oxidants for elimination of toxins.

Product Benefits

Healing all over body lotion
Heals skin eruptions and ulcerated conditions
Contains natural antiseptic which gently cleanses and repairs skin
Natural anti-oxidants for elimination of toxins
Soothes and relieves pain
Softens hard skin tissue
Relieves nappy rash
Helps skin cell renewal



Ingredients

Aqua (Water), Coconut Oil, Cetearyl Alcohol, Cetearth, Amygdalum, MEA-Lauryl Sulphate, Potassium Phosphate, Magnesium Aspartate, PEG-8, Hamamelis Virginiana (Witch Hazel), Persea Gratissima (Avocado Oil), DEA-Hydrolysed Lecithin, Prunus Armeniaca (Apricot Oil), Arctium Lappa (Burdock Root)*, Rumex Acetosella (Sheep's Sorrel)*, Champagne, Ulmus Rubra Muhl (Slippery Elm), Rheum Palmatum (Turkey Rhubarb Root)*, Condire, Citricidal, Acidophilus.

WILD YAM CREAM 50ml

£16.95

This cream is constructed with the 20 cell-regenerating amino acids from soya. Soya has also become known as a phyto-oestrogen, because Japanese women, who eat fermented soya every day, do not suffer from menopause. It is balanced with Wild Yam, which mimics the chemical structure of progesterone. This cream is useful during hormonal fluctuations, PMT, post-natal depression and during and after menopause.

Product Benefits

Hormonal cream
Designed for use during menopause
Assists with PMT and post-natal depression

Ingredients

Aqua (Water), Coconut Oil, Triticum Vulgare (Wheatgerm), Cetearyl Alcohol, Cetearth, Amygdalum, Soya*, Wild Yam (5.3%)*, Malum Acetum (Apple Cider Vinegar)*, Condire, Citrus Grandis (Essential Oil of Grapefruit), Citricidal, Acidophilus.



ORGANIC ALOE CREAM 50ml

£16.95

This cream is constructed with the 20 cell regenerating amino acids from soya, as well as methionine-rich Wheatgerm, Aloe, St. John's Wort and Marigold. These ingredients are all known for their ability to soothe burns.

Organic Aloe is a succulent cactus which grows in very hot climates and has been traditionally used to protect from the sun's radiation and also to heal burns.

Marigold has long been used to treat the skin for diverse problems including wounds, bruises, burns, eczema, boils and corns.

The cream comprises a relatively low proportion of St. John's Wort to soothe nerve endings.

Essential Oil of Lavender has a well-established tradition as a remedy for a diverse number of conditions. Lavender is a cooling herb which combines perfectly with the other soothing ingredients. Organic soya contains all 20 amino acids but most significantly in this particular cream, Cysteine, which has been shown in scientific studies to render toxic chemicals less harmful. The nutrients in soya include Calcium, Folicin, Iron, Niacin, Riboflavin, Thiamine and Zinc.

Product Benefits

Treats skin conditions including bruises, eczema, boils and corns.
Repairs damaged skin and lacerations
Nourishes skin with essential vitamins and minerals
Natural anti-oxidants for elimination of toxins
Suitable for all skin types
Soothes burns and sun burn
Reduces the effects of UV
Ideal for cuts and grazes

Ingredients

Aqua (Water), Coconut Oil, Triticum Vulgare (Wheatgerm), Cetearyl Alcohol, Cetearth, Amygdalum, Aloe*, Malum Acetum (Apple Cider Vinegar)*, Soya*, Calendula Officinalis (Marigold), Hypericum Perforatum (St. John's Wort), Lavandula Angustifolia (Lavender), Condire, Citricidal, Acidophilus.



*Organic ingredients