



## **ULTRA MULTI-VITAMINS**

### **Superior vitamin and mineral complex**

**Fact: magnesium deficiency is known to increase the risk of cardiovascular disease.**

**Fact: zinc deficiency is known to compromise immune system function.**

**Fact: selenium deficiency is a key antioxidant associated with risk of cancer.**

If you're one of the millions of UK consumers that don't know their fibre from their phytosterols or their minerals from their amino acids, you could be unwillingly contributing to the growing epidemic of degenerative diseases and exposing your body to escalating health risks.

Worryingly, research shows diseases like obesity, diabetes, heart disease, cancer, osteoporosis and gastrointestinal disorders - the biggest health problems facing society today - are strongly correlated with lifestyle factors and diet in particular.

Diets have become rich in saturated fats, sugars and other simple carbohydrates, and often high in salt. Diets – especially those of young people – have become worryingly low in wholefoods and fresh fruit and vegetables, these being the major natural sources of micronutrients. However, studies show that long-term nutrient supplementation has the potential to prevent a range of these serious conditions.

**Ultralife Multi-Vitamin** is a superior new vitamin and mineral liquid supplementation that contains 17 different vitamins and cofactors, and 12 key minerals – all in highly bioavailable forms, commonly known to be deficient in the average UK diet. A daily dose of **Ultralife Multi-Vitamin** can provide the equivalent nutrient composition of as many as 20 premium quality tablets in more conventional products – it couldn't be easier to ensure you and your family are in 'tip-top' nutritional shape.

To order a trial size of **Ultralife Multi-Vitamin** please call tel: 0870 262 6400 or order online at [www.ultra-products.com.uk](http://www.ultra-products.com.uk) All Ultralife products have a full 30-day guarantee. Other nutritional supplements in the range include Ultra Fruit & Veg, Ultra Daily Detox and Ultra Max.